

# Community Chest Application Summary 2017/2018

Local Authority	St Edmundsbury Borough Council
Organisation	<b>Gatehouse Caring in East Anglia</b>
Amount Requested	<i>£10,000</i>
Total Project Cost	£96,467.09
Match Funding	Yes
Partnerships	£2,000, Suffolk Foundation – Music and £2,000 from Miller Trust
West Suffolk Bid?	No

## Key Points

- We provide volunteer hours and employment opportunities to those who would otherwise struggle to find work due to health and social challenges.
- We are looking for funding towards the core costs of The Bury St Edmunds Dementia Hub.
- The Dementia Hub will charge for services, this in time shall enable the service to become self-sustainable, however as a charity we will continue to source funding from local business and others in the community to ensure that the vital services we provide can continue.
- 25 Carers will have weekly a group to build local networks of support ongoing.
- We will provide 190 Hours of respite per week to Carers of those living with Dementia, which will improve wellbeing of carers and evidence shows that this will reduce appointments with GP'S and other medical services.
- 25 people over a 12 week period will have created a Personal disc of music and memories, which can be used throughout their journey to end of life.
- Up to 60 people per week, living with Dementia will have an opportunity to partake in activity which will stimulate and maintain skills, which in turn will enable them to improve mental wellbeing and continue to live at home for longer.
- Project start: **Spring 2017**

**St Edmundsbury Borough Council  
Community Chest Grant Application  
Form  
Part A**



Community Chest funding supports voluntary and community groups who make a contribution to improving the quality of life for people in West Suffolk. The information you provide will help us consider your application. If you have any questions, please give us a call on 01638 719763. Before completing this form, we ask you to please read the guidelines, which are available on:

<http://www.westsuffolk.gov.uk/community/community-grants.cfm>

Please return your completed, signed form and supplementary documents to:  
[richard.baldwin@westsuffolk.gov.uk](mailto:richard.baldwin@westsuffolk.gov.uk)

1. Name of your organisation(s): Gatehouse Caring in East Anglia

2. Organisation address details

Address Ln1	Dettingen Way		
Address Ln2			
Address Ln3			
City/Town	Bury St Edmunds	Postcode	IP33 3TU
Main phone	01284 754967	E-mail	info@gatehouse.org.uk
Website	www.gatehouse.org.uk		

Main Contact Person		Second Contact Person	
Title	Mrs	Title	Miss
Forename	Amanda	Forename	Lyn
Surname	Bloomfield	Surname	Davies
Role	CEO	Role	Finance Manager
Daytime Tel No.	01284 754967	Daytime Tel No.	01284 754967
Mobile No.		Mobile No.	
Email	<a href="mailto:info@gatehouse.org.uk">info@gatehouse.org.uk</a>	Email	<a href="mailto:accounts@gatehouse.org.uk">accounts@gatehouse.org.uk</a>
Address Details (if different from Org address)		Address Details (if different from Org address)	
Ln1		Ln1	
Ln2		Ln2	
Town		Town	
Post Code		Post Code	

## About your organisation

3. What local authority area(s) does your organisation work in?

St Edmundsbury Borough Council
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\*Community Chest funding is offered by both Forest Heath and St Edmundsbury councils. As the decision making process is different any projects applying for funding across West Suffolk, must apply separately.

4. What is the status of your organisation?

Registered charity	Y	Charity number:1154412
Applying for charitable status		
Company limited by guarantee		Company number:
Community Interest Company		
Part of a larger regional or national charity (Please state which one)		
Constituted Community Group		
Social Enterprise		
Other (Please specify)		

5. How many people are involved in your organisation?

Management committee	7	Service users	500
Full Time staff / workers	2	Volunteers and helpers (non-management)	25
Part Time staff / workers	7		

6. What is the purpose of your organisation? Please briefly describe why your organisation was set up, its aims and objectives and who primarily benefits from your organisation.

We've been around since 1986 helping those who are in need or disadvantaged. Our centre provide a place of activity and companionship benefits to many who are elderly, living in isolation or who have the onset of dementia. We are also able to provide information, advice and support to their carers.

We have a large furniture store which receives donated or recycled items that can be offered to people who are in genuine need and we also sell to the general public to raise funds on behalf of partner organisations we administer the Foodbank for Bury St Edmunds, helping to meet the basic needs of individuals and families.

We try to ensure that Christmas is a time of celebration for everyone. Not only do we distribute over 300 hampers but we also extend an invitation to those who wish to have a meal, company and fun on Christmas Day.

We provide volunteer hours and employment opportunities to those who would otherwise struggle to find work due to health and social challenges.

7. What was your organisation's total income for last financial year? £217,187.07
8. What was your organisation's total expenditure for last financial year? £247,839.57
9. Does your organisation have more than six months running costs? No
10. What are your organisation's current unrestricted reserves or savings? £65,000
11. West Suffolk prioritises building resilient families and communities that are healthy and active. Please indicate which of the following areas your project contributes towards:

- A thriving voluntary sector and active communities who take the initiative to help the most vulnerable.
- People playing a greater role in determining the future of their communities.
- Improved wellbeing, physical and mental health.
- Accessible countryside and green spaces.

**About your project – why are you applying for this funding?**

12. What do you want the funding for? Please be specific. Please note that 'project' is meant to describe the project for which you are seeking funding, and not your organisation.

We are looking for funding towards the core costs of The Bury St Edmunds Dementia Hub. In recent years, Gatehouse has become aware that the needs of its clients were changing. "Traditional" day centre services have become less popular due to a combination of people's changing expectations, the ambition to tailor services to individual need and changing funding arrangements through the development of personalised budgets. However, what also became clear was an increasing need for services for those living with dementia, both those experiencing the disease and those caring for them. There is limited support locally for those at the early stage of the illness as well as a lack of access to information and support for their loved ones. Gatehouse formed a partnership with the Alzheimer's Society Bury St Edmunds to address this need. At the same time, Gatehouse has been forging links with other organisations in the immediate area such as Sue Ryder & Age UK Suffolk.

The funding will be used to support the lunch clubs and Music Therapy sessions, Exercise classes, chiropody services and carer support groups.

Maximum of 300 words

13. How has the project been developed out of the community's desire to improve the lives of local people? What evidence do you have that there is a need for this project? Please include sources of evidence, including any public/user/community consultation.

In January 2016 Gatehouse staged a conference on the future of dementia services in West Suffolk. This was attended by 25 organisations across the Adult Social Care and voluntary sector. Following presentations from Willie Cruickshank (Norfolk and Suffolk Dementia Alliance) and Becky Nicholson (Alzheimer's Society) , and workshops, the consensus was that a Dementia Hub should be created with the object of providing a one single point of contact for services post diagnosis through to end of life care. Organisations supporting the formation of the Dementia Hub are Age Uk Suffolk, Sue Ryder, NHS England, The Alzheimer's Society, Clarke Care, Armstrong's Funeral Services, Aging with Optimism. It also has the support of the local MP Jo Churchill as well as County and Borough Councillors. Gatehouse has consulted with its service users through carers groups and direct questioning. Looking at what services we have, what services we need and how we get there. I attach a copy of the discussion with this application, however the summary is below:

**Consultation Summary - Main Points**

- Good Communication between service providers needed
- Less 'competition' between service providers
- Interaction with local businesses
- Education/Training for carers/professional and the wider public
- GP based key worker
- Use the internet/Facebook
- Early intervention/support to avoid crisis
- Rural area presents isolation and transport issues
- Support for People with dementia living alone
- Personalised services, age specific
- Targeted, time specific, easy access to information
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These are the points that the dementia hub will focus on, we hope in the future to work towards working with the M44 service to include Dettingen Way on it route and to be able to have pop-up groups in villages.

14. How will the project help local people to support one another?

The idea of the Dementia Hub is to provide a social arena for those living with Dementia and their carers to form lasting friendships with those in a similar situation to themselves. Support groups bring together people facing similar issues. Members of support groups often share experiences and advice. It can be helpful just getting to talk with other people who are in the same situation.

While not everyone wants or needs support beyond that offered by family and friends, others find that these are less likely to understand as often the person with Dementia presents well for family and friends but at night and during the working week things are challenging. A support group can help carers cope better and feel less isolated as you make connections with others facing similar challenges and often but carers and those living with Dementia form lasting friendships and are able to go out and about in groups knowing that they won't feel embarrassed or stared at when they make mistakes or forget how to do daily tasks.

The 2012 Prime Minister Challenge highlighted the importance of creating communities that are more dementia friendly, where people understand the impact of the disease, know how to relate to those who have dementia, and where people living with dementia find an inclusive and accepting social environment. The Hub together with the local Dementia Action Alliance, through partnerships with organisations such as schools, colleges and independent local business we will be able to educate people on Dementia behaviour and promote awareness within the local community.

15. Are you working with any other organisations on this project? Yes

If yes, please state the names of these groups and the nature of the relationship.

Organisations supporting the formation of the Dementia Hub are:

Age Uk Suffolk, Sue Ryder, The Alzheimer's Society, Clarke Care, Aging with Optimism - these partnerships enable support groups to be facilitated, advice and guidance, drop in café's and other care services.

By having a local independent charity running the Dementia Hub in Bury St Edmunds, it enables the service to be unique in its holistic approach. It reduces competition amongst larger charity and unites hands where new ideas can be explored and trailed, without having to get national authorisation. Working together we can offer a range of services at budgets to suit all, we can offer all types of advice and guidance and look at the varying ways of coping with Dementia rather than having to go in one direction only, remember each dementia is individual and will respond to different settings and therapies. What suits one person may not suit another and needs change as each person goes through their journey. By having a single contact for the entire journey it provides easy access to a wider range of services.

NHS England, Armstrong's Funeral Services, White Stuff foundation, LD Rope- are supporting the financial side of the building work required to make our current premises suitable for the needs of our service users.

Along with the Dementia Action Alliance, we will be working with local business in the town to raise awareness and create a Dementia Friendly Community.

16. When will the project start?

17. When will the project finish?  or is the project ongoing?  
ONGOING

If this is an ongoing project, how will it be funded and continue going when the funding ends?

The Dementia Hub will charge for services, this in time shall enable the service to become self-sustainable, however as a charity we will continue to source funding from local business and others in the community to ensure that the vital services we provide can continue.

Most people value a service more when they have to pay a fee, we always ensure that we provide good value for money , some examples below are what you can expect to pay at Gatehouse :

Music Therapy - £2.50 pp (1 Hour)    Armchair Exercises - £5 pp (1 Hour -refreshments)

Lunch Clubs - £ 25.00    Chiropodist Treatment - £25 .00

18. Which years funding are you applying for? 2017/18

19. How many people do you expect to benefit directly from the project on either a weekly, monthly or annual basis?

20. What results (including targets/numbers) do you expect to see as a result of the funding and how do these relate to the Community Chest funding criteria? If your project is health related how does it improve health outcomes for residents within community networks and beyond?

25 Carers will have weekly a group to build local networks of support ongoing. – *This helps carers who often lose friendships and support of neighbours to take back control of their lives and to feel connected to the community in which they live.*

We will provide 190 Hours of respite per week to Carers of those living with Dementia, which will improve wellbeing of carers and evidence shows that this will reduce appointments with GP'S and other medical services. – *This will enable carers to look forward to a healthy future for themselves and families whilst still continuing to care for loved ones.*

25 people over a 12 week period will have created a Personal disc of music and memories, which can be used throughout their journey to end of life. – *This will enable us to discuss the whole person as we will reminisce through the years to build their very own personal music memory.*

Up to 60 people per week, living with Dementia will have an opportunity to partake in activity which will stimulate and maintain skills, which in turn will enable them to improve mental wellbeing and continue to live at home for longer. -*Becoming a member of Gatehouse enables people to access services in a safe friendly environment where they can feel a sense of belonging. Users are encouraged to bring ideas for services and to run their own groups where possible to encourage that sense of ownership.*

21. What is the total cost of the project? £ 96,467.09

Please provide a full breakdown of the total cost of this project, including VAT if applicable along with any in-kind contributions such as volunteer hours.

Item or activity	Cost (£)
CEO*	10500
Dementia Hub Facilitator	7488
Coordinator (20 Hrs per week)	8111
Project Worker (6 hrs per week)	2496
Volunteers (95rs per week)**	45130
Exercise class tutor	1300
Expenses	478.28
Heat, Light and Power*	881.01
Office Costs*	2112.85
Maintenance*	7900.54
Client Transport	1905.50
Provisions	4891.14
Outings	802.04
Insurance*	1107.38
Council Tax*	422.48
Auditors*	308.58
Water*	228.69
Volunteer Expenses	403.60
*Based on percentage of total charity costings	
**Hours given in kind	
<b>Total cost of items listed above:</b>	96467.09



22. How much funding are you applying to us for?

£10.000
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23. What funds have you raised so far for this project?

Source	Amount (£)
Suffolk Foundation – Music	£2000.00
Miller Trust	£2000.00
<b>Total fundraising:</b>	£2000.00

24. What other funders have you applied to for further funding for the project?

Funder	Amount (£)	Timescale for decision
<b>Total:</b>		

Funder	Amount (£)	Reason for funding
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St Eds Community Chest	£10K	Furniture Store
<b>Total:</b>	£10K	

25. What other grants and contracts has your organisation received over the past year from either Forest Heath District Council or St Edmundsbury Borough Council?